



# ABOUT TaMCare FOUNDATION

# Introduction

- + Marriage is a Divine social institution. It is a key institution of love, peace, solidarity and stability. Marriage is the foundation upon which all other institutions are built. It is an important institution in all aspects of religion, society, government, and politics.
- + Unfortunately, marriage is in crisis across the country. Many marriages are on rocks and the word “happiness” is a rare feeling. Some individuals have told me that their marriages are like heavy crosses they carry throughout their lives.
- + It is a sad fact that many people consider an institution of marriage by simplicity. People do not prepare themselves properly for married life. Most of them go into marriage without adequate knowledge of what the new relationship requires. The result



- is the break-ups and ruin of many marriages.
- + Research has shown that the incidence of divorced couples has increased in the country. Studies conducted by the Women’s Legal Aid Center (WLAC) and the Tanzania Media Women’s Association (TAMWA) revealed an increase in the number of divorced parents from 2,390 in 2000 to 4,349 cases in 2006.

## According to TAMWA increase in the number of divorced parents



Year 2000  **2,390** Cases

Year 2006  **4,349** Cases

### According to reports of police officers at gender desks



**11**Cases to **17**Cases  
Are reported each month.

- + According to reports from some offices of the Department of Social Welfare in the districts, there are married couples between 36 and 45 who provide separation information and seek monthly parenting assistance.
- + According to reports of police officers at gender desks in two districts of the Dar es Salaam region, 11 to 17 cases are reported each month.
- + The National Panel Survey of 2014/15 carried out on Tanzania's households by the National Bureau of Statistics (NBS) shows that the rate of divorce is on the rise, a situation that threatens the future of that important institution. The report indicates that the rate of divorce has increased from 1.1% in 2008/09 to 2.1% in 2014/15. In 2017/18 it rose to 2.9 percent. In line with those divorce statistics, it was also stated that 232,415 couples interviewed noted that they were living separately from their spouse. Similarly, there are couples who are living together to protect the honor of marriage, but they have no good marital relationships and no communication.
- + RITA's (The Registration Insolvency and Trusteeship Agency) reports indicate that the number of the married couples divorcing has been increasing year after year. The reports shows further that there have been some marriages that

### Rate of Divorce according to National Panel Survey



**1.1%**  
2008/09

**2.1%**  
2014/15

**2.9%**  
2017/18

**232,415**  
Couples  
Interviewed

have lasted for less than a year.

- + Statement of the Minister of Constitutional and Legal Affairs on 17 April 2019 released in Parliament, among other things, the Minister noted that a total of 26,953 marriages and 122 divorces were registered by the RITA over a period of nine (9) months of the fiscal year 2018/2019. This implies that every month there are 14 divorces registered in the same amount as one (1) divorce every two (2) days.
- + The ever-increasing number of divorces has contributed to an increase in the number of single parents in Tanzania. This is a major challenge facing our country today. Its effects are profound for children born into those marriages, parents themselves, families of these married couples, society and the Nation at large. The increase in street and vulnerable children, poor children, and

poor performance in school; school dropouts, child labour, moral decay, and children with health and psychological problems, indulging in criminal activities such as drug abuse, prostitution, robbery, and other criminal offenses are part of the consequences of such a situation.

- + Marriage is the center of the formation and well-being of society and the Nation. The stability of the marriage determines the cohesiveness of a nation or any other institution. So, for having a society and a prosperous and well-off Nation is essential for a strong and happy marriage. Unhappy marriages, affect individual health, family well-being, community, work performance and production. It also defeats efforts to alleviate poverty in the country and the vision 2025 to take the country to a middle income economy.

### Statement of the Minister of Constitutional and Legal Affairs on 2019



**26,953**  
Marriages



**122**  
Divorces



**Were**  
Registered

# What is TaMCare?

- + Tanzania Marriage and Child Care Foundation, abbreviated as TaMCare. It is a not- for- profit -Non-Governmental Organization based in Bagamoyo District, Coast Region (PWANI) in Mainland Tanzania. The organization was officially registered by the Government as NGO in 2019 with registration number 00NGO/R/0717.
- + TaMCare touches on the essence of human life. It deals with issues of marriage and children regardless of religion, race, color, gender or ethnic group. TaMCare is an institution established as an effective catalyst for addressing existing marriage and family issues in Tanzania.

## Our Vision

Become a leading and reliable organization that contributes towards a healthy and vibrant community of well- nurtured marriages and strong child care values for sustainable national development.

## Our Mission

To provide effective and sustainable marriage and child care services through knowledge-creation, counseling, guidance to families, and advocacy for a stable and stronger family and the community.

## Core Values

- + Professionalism
- + Equality
- + Accountability
- + Integrity
- + Voluntarism
- + Commitment
- + Consistency
- + Innovation and Creativity

## Main Goal

To ensure teenage girls and boys, youth, single and married couples are provided and supported with necessary information, counseling, guidance, life and entrepreneurship skills as well as material support that help them reduce their vulnerability to unhappy relationships, marriage, teen pregnancy and subsequent poverty and improve child care and welfare.

## Major Beneficiaries

- + Children
- + Women
- + Teenage girls and boys (Aged 11-19 years) in rural and poor areas in deprived urban settings
- + Couples
- + Unmarried youth and adults (Aged 20-45 years)
- + Most vulnerable single parents (Aged 16-50 years).

## Our Partners

TaMCare works in partnership with other Institutions:

- + Central and Local Governments
- + CSOs with common goals
- + Public Agencies
- + Private Sector;
- + Ward, Village, Local and Household Leaders
- + Faith-based Organizations
- + Colleges, Schools and Research Institutions
- + Media.

# Activities carried out by the TaMCare Foundation

1. Providing education-related to various Life Skills for students and schoolchildren.
2. Provide psychosocial and relationship counseling to children, youth, couples, single parents, families, and individuals.
3. Organize and hold seminars and workshops for peer groups on how to deal with acts of sexual and gender-based violence, abuse, teen pregnancies and early marriages.
4. Conduct research, prepare, publish and distribute a variety of leaflets and publications aimed at educating communities about marriage and family, parenting, rights of women and children;
5. Providing specific education on marriage for couples and premarital guidance to Young Women and Men Expecting to Get Married.
6. Provide psychosocial support, parenting education, and entrepreneurship skills to vulnerable single parents.
7. Provide advocacy to the Government and various agencies involved to make improvements in Laws, Policies, and Guidelines to strengthen marriage, family and child care.
8. Participate in various social, District Councils, Regional and National activities related to the objectives of the organization.

## The Basis of TaMCare services

- + TaMCare is a Not- for- profit -Non-Governmental Organization. There is no fixed fee or charge for its services. It is a donation-based service.
- + Anyone who is touched by our services is allowed to give its charitable donation to enhance and strengthen our services for the community.



**For Training, Counseling and Guidance Contact us:**  
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